

Mobile Mental Health & Addictions Clinic



ROLES AND RESPONSIBILITIES

Mobile Mental Health & Addictions Clinic (MMHAC) is a clinic on wheels that can provide intervention early. Its aim is to reduce the need for higher intensity support or crisis intervention in a culturally competent and safe manner. The clinic offers intake and brief services, referrals to existing services, and psychiatric support and follow-up. Its multidisciplinary team includes mental health and addictions services providers, appropriately trained nurses, psychiatrist, case manager and service navigator. Here is a list of responsibilities for each of the roles:

TEAM LEAD

The MMHAC team lead oversees the management of the team members, including successfully developing, launching and coordinating the program. The team lead is also accountable for building and formalizing relationships with external providers to maintain clear roles in a multi-site, collaborative service delivery model. Key responsibilities include delivering organizational quality improvement, assessing risk management, monitoring staff scheduling, and collecting and measuring data.

ADDICTIONS SPECIALIST (LIFESPAN)

MMHAC addictions specialist has clinical skills and experience to assess, plan, develop, coordinate, connect and support clients across the lifespan. Addictions specialists screen, assess, and coordinate recovery plans relating to the clients' addictions needs. Competencies include strong clinical expertise to complete comprehensive assessments, develop recovery goals, monitor progress through measurement-based care, and deliver approaches that support the needs of those requiring the service (e.g., CBT, motivational interviewing).

MOBILE MENTAL HEALTH & ADDICTIONS CLINIC MENTAL HEALTH COUNSELLOR (LIFESPAN)

The mental health counsellor is responsible for providing evidence based, client centred related approaches to individuals with a variety of mental health issues across the lifespan. Competencies include strong clinical therapy skills and expertise completing comprehensive assessments, developing recovery goals, monitoring progress through measurement-based care, and delivering psychotherapy approaches (e.g., CBT, DBT, RET, Narrative, Trauma).

PSYCHIATRY SUPPORTS

Psychiatric services will be available to youth and adults who require clinical consultation, diagnostic assessment, and/or consultation with the MMHAC multi-disciplinary team. Services include:

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| Participation in case conferences where applicable | Consultation with program direction |
| Client centred consultation | Education services |
| Program centred consultation | System coordination |

NURSING SUPPORT – PSYCHIATRIC & MENTAL HEALTH SPECIALTY (LIFESPAN)

As part of the multidisciplinary team, this role is responsible for assessing clients' physical health needs, making appropriate referrals to community physicians, providing management and administration of medication with the consulting psychiatrist or practitioner, and providing treatment, rehabilitation, and support services across the lifespan. The services are specifically related to mental health care needs and follow-up.

REGISTERED NURSE/REGISTERED PRACTICAL NURSE: PREVENTION & HARM REDUCTION (LIFESPAN)

As part of a multidisciplinary team, the registered nurse/registered practical nurse provides a range of services to individuals across the lifespan that support chronic disease, diabetes, heart disease, obesity, substance use disorder, and sexual health. The MMHAC registered nurse/registered practical nurse assesses the clients' needs and makes appropriate referrals to community physicians/practitioners and/or the consulting psychiatrist or practitioner and provides follow-up as required.

CASE MANAGER

The case manager provides case management and wraparound services for clients accessing MMHAC. Areas of expertise include extensive clinical skill and experience to assess, plan, develop, coordinate, connect and support services to program clients. Using a team approach, the case manager helps individuals develop their own recovery plan and coordinates services that align to their goals.

SERVICE NAVIGATOR

The service navigator helps individuals with information on services and supports through the clinic sites. Working in collaboration with community partners, the service navigator connects clients to appropriate service providers and available resources. The service navigator makes recommendations for access to services that meet the client's needs as they present and/or inquire about MMHAC.

ADMINISTRATIVE ASSISTANT

The MMHAC administrative assistant coordinates appointment schedules for MMHAC that occur in identified community locations as well as the partnership schedule coordination to these locations. In addition, the administrative assistant coordinates all appointments to the identified landing space location identified for MMHAC.