



Mental Health and Addictions Services Available in Northwest Ontario First Nations Communities



Canadian Mental
Health Association
Kenora
Mental health for all

Association canadienne
pour la santé mentale
Kenora
La santé mentale pour tous



The Ministries of Health and Long Term Care, Community Safety and Correctional Services, Community and Social Services, Attorney General, Children and Youth Services, Housing, among others have initiated a strategy, "Keeping Persons with Mental Illness Out of the Criminal Justice and Correctional Systems". The Strategy recognizes that pressures have been escalating in inappropriate sectors such as the police, courts, corrections, and hospital emergency rooms due to a lack of access to appropriate mental health services in the community.

The target population are people with a mental illness, developmental disability, brain injury, concurrent disorder and dual diagnosis who have come into conflict with the law and are at risk of being charged by the police, have been charged by the police, have been found unfit to stand trial, not criminally responsible or are under an Ontario Review Board disposition, and whose offense is considered low risk and whose mental health issue can be appropriately managed through services based in the community.

In order to ensure interministerial and interagency cooperation the strategy has included the development of Human Services and Justice Coordinating Committees at the Provincial, Regional and District levels. These committees are funded and mandated to provide leadership to support the implementation of the policy framework for persons who come into contact with the criminal justice system and who have needs that can be met by one or more of the human service systems; to identify solutions to systemic problems, and to provide a forum for information sharing across systems (www.hsjcc.on.ca).

Committee membership is expected to include agencies funded by the participating Ministries; community mental health and substance abuse providers, mental health programs of hospital forensic programs, police services, Crown Attorney's offices, probation and parole services, children's services, developmental services sectors, police, District Services Boards, District Jail personnel, among others.

The Kenora Rainy River District HSJCC has an active work plan that includes the development of a directory of mental health & addiction resources that are located within First Nation Communities. The resources listed are only resources that are housed within the communities listed and do not reflect mental health and addiction services that come into the community from outside larger urban areas. The intention of the directory will be to disseminate across all community partners, families and clients for information on these resources to allow for more awareness of on the ground resources to clients and community agencies on navigating services available in these communities.

The directory will be reviewed annually by the Kenora Rainy River District Human Services & Justice Coordinating Committee and amended as needed and disseminated to the network.

Animbiigoo Zaagi'igan Anishinaabek (Lake Nipigon Ojibway)

PROGRAMS	CONTACT	URL
None listed.		

Anishinabe of Wauzhushk Onigum (Rat Portage)

PROGRAMS	CONTACT	URL
NNADAP	Contact: Langford Ogemah (Addictions worker) Phone: 807-548-6340	https://www.northwesthealthline.ca/displayservice.aspx?id=170970

Anishnaabeg of Naongashiing (Big Island)

PROGRAMS	CONTACT	URL
NNADAP	Joanne Cobiness (Native Alcohol and Drug Awareness Worker) Phone: 807-488-5602 EXT: 222 Email: health@naongashiing.ca	http://search.211north.ca/record/RRD0326
Community Wellness	Candace Gibbins Phone: 807-888-0000 cww@naongashiing.ca	https://www.bigisland.ca/health-department

Aroland First Nation

PROGRAMS	CONTACT	URL
NNADAP	Samson Meshake (Addictions Worker) Phone: 807-329-8686 EXT: 204 Email: arolandhealthcentre@yahoo.ca	https://www.northwesthealthline.ca/displayService.aspx?id=141377
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors,	Steven Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth).	Cathy Therriault (Children's Mental Health and A Worker) Phone: 807-737-4011	www.slnha.com

Bearskin Lake First Nation

PROGRAMS	CONTACT	URL
NNADAP	George Chapman (Addictions worker) Phone: 807-363-9937	http://search.211north.ca/records/KEN0963
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors,	Steven Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

PROGRAMS BY COMMUNITY

Big Grassy First Nation

PROGRAMS	CONTACT	URL
Community Wellness	Melanie Bragg (Wellness Worker) Phone: 807-488-5457 communitywellness@biggrassy.ca	http://biggrassy.ca/health/
NNADAP	Melanie Mackleson (Program Coordinator) Phone: 807-488-5457	http://biggrassy.ca/health/

Biinjitiwaabik Zaaging Anishinaabek (Rocky Bay)

PROGRAMS	CONTACT	URL
Community Wellness Program	Lorraine Cook (Community Services Worker) Phone: 807-885-3205 Email: lcook@rockybayfn.ca	http://search.211north.ca/record/TBY3666

Buffalo Point First Nation Big Grassy

PROGRAMS	CONTACT	URL
NNDAP.	Rayanne Hobel (Wellness Worker) Phone: 204-437-3001	https://www.buffalopoint-firstnation.ca/health_program

Bizhiw-zaaga'igan (Cat Lake)

PROGRAMS	CONTACT	URL
NNADAP	Marianne Keewaykapow (Health Director) Phone: 807-347-2027	http://search.211north.ca/record/KEN0964
Wellness Program	Edward Keesickquayash (Wellness Coordinator) Phone: 807-347-2027	http://search.211north.ca/record/KEN1297
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sfnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Charles William (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sfnha.com

Couchiching First Nation

PROGRAMS	CONTACT	URL
NNADAP	Les Morrisseau (Mental Health and Addictions Worker) Phone: 807-274-4297	https://www.couchichingfirstnation.com/treatment-support

Deer Lake First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Jordan Meekis (Crisis Coordinator) Phone: 807-738-4283	https://www.northwesthealthline.ca/displayService.aspx?id=141089
Mental Health Program	Leslie Beardy (Health Director) Phone: 807-775-2226	https://www.northwesthealthline.ca/displayService.aspx?id=141089
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards Phone: 807-737-4011	https://www.northwesthealthline.ca/displayService.aspx?id=141089
NNADAP	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

Eabametoong First Nation (Fort Hope)

PROGRAMS	CONTACT	URL
Crisis Intervention	Roland Okeese (Crisis Intervention Coordinator) Email: crisis.coordinator@eabametoongfn.ca	http://search.211north.ca/record/KEN0336
Detox Centre	Norman O'Kees (Addiction Worker) Phone: 807-242-1484	http://search.211north.ca/record/KEN0333
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	http://search.211north.ca/record/KEN0960
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Bertha Quisses (SSFN Worker) Phone: 807-737-4011	https://www.slnha.com/

Eagle Lake First Nation

PROGRAMS	CONTACT	URL
Community Wellness	Vacant (Community Wellness Worker) Phone: 807-755-1157 Email: communitywellness@migisi.ca	https://eaglelakefn.ca/
NNADAP	Mitchell Lands (Resource & Recovery) Email: resouceandrecovery@migisi.ca Phone: 807-755-1157 EXT:225	https://eaglelakefn.ca/
Mental Health and Addiction Program	Raven Walker (Health Director) Phone: 807-755-1157 EXT: 222 Email: health.director@migisi.ca	https://eaglelakefn.ca/

PROGRAMS BY COMMUNITY

Fort Severn

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	James Plourde (Nodin Clinical Supervisor) Phone: 807-737-4011	https://search.211north.ca/record/KEN0719

Fort William First Nation

PROGRAMS	CONTACT	URL
Community Addictions, Recovery, and Education	Rebecca Arthur (Mental Health & Addictions Co-Ordinator) Phone: 807-622-8802 EXT: 207	https://fwfn.com/

Ginoogaming First Nation (Long Lake Reserve # 77)

PROGRAMS	CONTACT	URL
Mental Health & Addictions	Teresa Perryman (Mental Health & Addictions Navigator) Email: Teresa.perryman@ginoogamingfn.ca. Phone :807-876-5437	http://www.ginoogamingfn.ca/
NNADAP	Cecil Menowegan (Addiction Worker) Email: cecil.mendowegan@ginoogamingfn.ca	http://www.ginoogamingfn.ca/

Asubpeeschoseewagong First Nation (Grassy Narrows)

PROGRAMS	CONTACT	URL
Crisis Intervention	Dion Keewatin (Responder) Phone: 807-925-2652	https://www.northwesthealthline.ca/displayService.aspx?id=152393
NNADAP	Claire Kokopenace (Addiction Worker) Phone: 807-925-2652 clarakokopenace@knet.ca	https://www.northwesthealthline.ca/displayService.aspx?id=152393

Kiashke Zaaging Anishinaabek First Nation (Gull Bay)

PROGRAMS	CONTACT	URL
NNADAP	Patty Sutherland Phone: 807-982-0006 addictions@gbfn.ca	http://www.gullbayfirstnation.com/

Iskatewizaagegan #39 Independent First Nation (Shoal Lake 39)

PROGRAMS	CONTACT	URL
NNADAP	Barb Kejick (Addictions Worker) Phone: 807-733-3318 EXT 202	https://www.northwesthealthline.ca/displayService.aspx?id=152390

Kasabonika Lake First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Sylvia Anderson (Health Director) Phone: 807-5352547 EXT: 229	http://kasabonika.ca/
Mental Health Program	Cameron Anderson (Assistant Health Director) Phone: 807-535-2547 EXT:269 camerona@kasabonika.ca	http://kasabonika.ca/
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards Phone: 807-737-4011	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addictions Workers (Children and Youth)	Christine Ostamus (Childrens' Mental & Addictions Worker) Phone: 807-737-6131	www.slnha.com
NNADAP	Terry Stoney (NNADAP Worker) Phone: 807-535-2547 EXT 266	http://kasabonika.ca/

Kee-way-win First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Donna Wilkins (Crisis Coordinator) Phone: 807-771-1210 Email: donnawilkins@kOchiefs.ca	https://kochiefs.ca/keewaywin
Mental Health Program	Armanda Parkinson (Mental Health Coordinator) 807-737-5638 Email: armandaparkinson@kochiefs.ca	https://kochiefs.ca/keewaywin
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Dulcy Pennicooke (Mental Health Counsellor) Phone: 807-737-4011	www.slnha.com
NNADAP	Christine Kakegamic (Addictions Worker) Email: neenina42@yahoo.ca	www.slnha.com

PROGRAMS BY COMMUNITY

Kingfisher First Nation

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards Phone: 807-737-4011	www.slnha.com
Crisis Intervention	Howard Meshake (Crisis Response Coordinator) Phone: 807-737-2662	https://www.shibogama.on.ca/departments/health

Kitchenuhmaykoosib Inninuwug (Big Trout Lake)

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards Phone: 807-737-4011	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addictions Workers (Children and Youth)	Leona Matthews (Addictions Worker) Phone: 807-537-2388 Email: kievnt@hotmail.com	www.slnha.com
NNADAP	Stewart & Eileen Nanokeesic (NNADAP Workers) Phone: 807-537-2265	http://www.bigtroutlake.firstnation.ca/?q=inthealthservices

Lac Des Mille Lacs First Nation

PROGRAMS	CONTACT	URL
Community Wellness Worker	Mike Ignace (Community Wellness Worker) Phone: 807-622-9835 EXT: 231 Email: mignace@lacedsmillelacs.ca	http://search.211north.ca/record/TBY1969

(Lac La Croix) Negwa: kwaani-zaaga'igan First Nation

PROGRAMS	CONTACT	URL
Community Wellness Worker	Dorothy Whitefish (Community Wellness Worker) Phone: 807-485-2541	https://www.northwesthealthline.ca/displayService.aspx?id=142023
NNADAP	Henry Ottertail (Program Coordinator) Phone: 807-485-2541	https://www.northwesthealthline.ca/displayService.aspx?id=142023

Lac Seul First Nation

PROGRAMS	CONTACT	URL
NNADAP	Karen Geyschick (Health Director) Phone: 807-485-2541	https://www.northwesthealthline.ca/displayService.aspx?id=142023

(Long Lake #58) Ginoogammaa-zaaga'igan 58 First Nation

PROGRAMS	CONTACT	URL
NNADAP	Patrick Patabon (Family Support Worker) Phone: 807-876-4553 EXT:233 Email: Patrick.patabon@longlake58fn.ca	https://www.northwesthealthline.ca/displayService.aspx?id=141342

Misi-zhaaga'igan First Nation (McDowell Lake)

PROGRAMS	CONTACT	URL
Mental Health Program	Wendy Sandberg(Health Coordinator) Phone: 807-735-1381 EXT 6001 Email: wendysandberg@knet.ca	https://www.northwesthealthline.ca/displayService.aspx?id=143816
Sioux Lookout First Nations Health Authority: Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sfnha.com

Mishkeegogamang (New Osnaburgh/OZ)

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards Phone: 807-737-4011	www.sfnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addictions Workers (Children and Youth)	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sfnha.com
NNADAP	Ronald Roundhead (Addictions Worker) Phone: 807-349-2645	https://www.northwesthealthline.ca/displayService.aspx?id=146379

PROGRAMS BY COMMUNITY

Muskrat Dam Lake First Nation

PROGRAMS	CONTACT	URL
Mental Health Program	Charlene Beardy (Health Centre Reception) Phone: 807-471-2608	http://search.211north.ca/record/KEN0787
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	http://search.211north.ca/record/KEN0799
NNADAP	Lewis Morris (Health Director) Phone: 807-471-2567 EXT: 210	https://www.northwesthealthline.ca/displayService.aspx?id=143061
Crisis Intervention	Lewis Morris (Health Director) Phone: 807-471-2567 EXT: 210	https://www.northwesthealthline.ca/displayService.aspx?id=143061

Naicatchewenin First Nation

PROGRAMS	CONTACT	URL
NNADAP	Dalrey Smith (NNADAP Worker) Email: dalrey.smith@bellnet.ca	https://naicatcheweninfirstnation.ca/health-and-social/
Community Wellness Program	Carla Smith (Wellness & Justice Coordinator) carla.smith@bellnet.ca	https://naicatcheweninfirstnation.ca/health-and-social/

Nootkamegganning (Whitefish Bay)

PROGRAMS	CONTACT	URL
Community Wellness Program	Waylon Namaypoke (Community Wellness Worker) Phone: 807-226-1026 EXT:240	https://www.northwesthealthline.ca/displayService.aspx?id=152467
Crisis Intervention	Guy Paypompee (Crisis Team Leader) Phone: 807-226-1026	https://www.northwesthealthline.ca/displayService.aspx?id=152467
Mental Health Program	Caroline Archibald (Program Manager) Phone: 807-226-1026 EXT:222	https://www.northwesthealthline.ca/displayService.aspx?id=152467
NNADAP	Freddie Cowley (Addictions Worker) Phone: 807-226-1026	https://www.northwesthealthline.ca/displayService.aspx?id=152467
Youth Suicide Prevention	Joyce White Phone: 807-226-1026 EXT:244	https://www.northwesthealthline.ca/displayService.aspx?id=152467

Neskantaga First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Gordon Sugarhead (Crisis Coordinator) Phone: 807-479-2592 Email: gordon.sugarhead@neskantaga.com	https://neskantaga.com/departments/
Mental Health Program	Jennifer Sakanee (prescription Drug Abuse Coordinator) Email: Jennifer.sakanee@neskantaga.com	http://search.211north.ca/record/KEN0367
NNADAP	Stanley Moonias (Addictions Worker) Email: Stanley.moonias@neskantaga.com	Departments – Neskantaga First Nation
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sifnha.com
Mental Health and Addiction Workers (Children and Youth)	Larissa Sakanee (Youth Worker) Larissasakanee92@hotmail.com	https://neskantaga.com/departments/

Nibinamik First Nation (Summer Beaver Band)

PROGRAMS	CONTACT	URL
Crisis Intervention	Richard Roundhead (Crisis Team Coordinator) Phone: 807-593-1113	https://www.northwesthealthline.ca/displayService.aspx?id=141636
Mental Health Program	Sarah Yellowhead (Mental Health Worker) Phone: 807-593-2211	https://www.northwesthealthline.ca/displayService.aspx?id=141636
NNADAP	Johnny Yellowhead (Health Director) Phone: 807-593-2211	https://www.northwesthealthline.ca/displayService.aspx?id=141636
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sifnha.com
Mental Health and Addiction Workers (Children and Youth)	Tiffany Neshinapaise (Youth Worker) Phone: 807-593-1022	https://www.northwesthealthline.ca/displayService.aspx?id=141631

Nigigoonsiminikaaning First Nation (Red Gut)

PROGRAMS	CONTACT	URL
None listed.		

PROGRAMS BY COMMUNITY

North Caribou Lake (Also called Weagamow & Round Lake)

PROGRAMS	CONTACT	URL
NNADAP	Paul Johnup (Addictions Worker) Phone: 807-469-5191	http://www.weagamow.firstnation.ca/nationalnativealcoholanddrugabuseprogram
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

North Spirit Lake First Nation

PROGRAMS	CONTACT	URL
Mental Health Program	Cassie Rae (Mental Health Worker) Phone: 807-776-0019	http://www.nsl.firstnation.ca/?q=node/13
NNADAP	Vacant (Addictions and Drug Abuse Worker) Phone: 807-776-0066 Email: meekis67@gmail.com	http://www.nsl.firstnation.ca/?q=node/13
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com
Crisis Intervention	Vacant (Crisis Coordinator) Phone: 807-776-0206	http://www.nsl.firstnation.ca/?q=node/13

(Northwest Angle No. 33) Gii-zaagitooaigamaag First Nation

PROGRAMS	CONTACT	URL
Mental Health and Addictions	Maria Blackhawk (Mental Health and Addictions Worker) Email: nwa33mentalhealth@hotmail.com	http://search.211north.ca/record/KEN1006

(Northwest Angle No. 37) Animakee Wa Zhing 37 First Nation

PROGRAMS	CONTACT	URL
NNADAP	Alfred Oshie (Addictions Worker) Phone: 807-226-5353	https://www.animakeewazhing37.com/

Obashkaandagaang (Washagamis Bay)

PROGRAMS	CONTACT	URL
NNADAP	Vincent Sinclair (Addictions Worker) Phone: 807-543-2532	https://www.northwesthealthline.ca/displayService.aspx?id=188175

Mental Health Program	Arvel Cherry (Mental Health Coordinator) Phone: 807-543-2532 EXT	https://www.northwesthealthline.ca/displayService.aspx?id=219205
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Ochiichagwe'Babigo'Ining Nations (Known as) Niisaachewan Anishinaabe (Dalles)

PROGRAMS	CONTACT	URL
NNADAP	Lorraine Kabestra (Health Director) Phone: 807-548-5876 EXT 255	http://search.211north.ca/record/KEN1172

Ojibway Nation of Saugeen

PROGRAMS	CONTACT	URL
None listed.		

Ojibway's of Onigaming First Nations (Sabaskong Bay 35)

PROGRAMS	CONTACT	URL
Community Wellness Program	Kathy Jack (Community Wellness Worker) Phone: 807-484-2339 EXT: 26 Email: Kathy.jack@onigaming.ca	https://www.northwesthealthline.ca/displayService.aspx?id=147051
Mental Health Program	Hazel Copenace (Health Director) Phone: 807-484-2339 EXT:27	https://www.northwesthealthline.ca/displayService.aspx?id=147051
NNADAP	Doug Sinclair (Addictions Worker) Phone: 807-484-2339 EXT: 24	https://www.northwesthealthline.ca/displayService.aspx?id=147051

Ojibway's of the Pic River First Nation (Biigtigong Nishnaabeg)

PROGRAMS	CONTACT	URL
Crisis Intervention	April Thornton (Coordinator) Phone: 807-229-1749	https://www.picriver.com/departments/health/

Pays Plat First Nation

PROGRAMS	CONTACT	URL
Community Wellness Worker	Ida Wanakamik (Community Wellness Worker) Angle Inlet: 807-824-1114 Email: ahws_paysplate@hotmail.com	http://search.211north.ca/record/TBY2373

PROGRAMS BY COMMUNITY

Pic Mobert (Netmizaaggamig Nishnaabeg First Nation)

PROGRAMS	CONTACT	URL
NNADAP	Randal Desmoulin (NNADAP Worker) Phone: 807-822-2625 EXT 310	https://www.picmobert.com/health-social-services
Mental Health Program	Michelle Ward (Mental Health Coordinator) Phone: 807-822-2625 EXT: 314	https://www.picmobert.com/health-social-services

Pikangikum First Nation

PROGRAMS	CONTACT	URL
Anti-Solvent Abuse Program	Hank Turtle (Solvent Abuse Councilor) Phone: 807-773-5301	https://www.northwesthealthline.ca/displayService.aspx?id=143667
Crisis Intervention	Frank Peters (Crisis Team Coordinator) Phone: 807-773-1080	https://www.northwesthealthline.ca/displayService.aspx?id=143667
Mental Health Program	Billy Joe Strang (Health Director) 807-773-1078 billyjoestrang@hotmail.com	https://www.northwesthealthline.ca/displayService.aspx?id=143667
NNADAP	Arabella Dunsford (Addictions Worker) Phone: 807-773-9943	https://www.northwesthealthline.ca/displayService.aspx?id=143667
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slfnha.com

Poplar Hill First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Shawn Ray (Crisis Co-Ordinator) Phone: 807-772-8892	http://search.211north.ca/record/KEN0708
Mental Health Program	Roxanne Turtle (Mental Health Worker) Phone: 807-772-8892	http://search.211north.ca/record/KEN0710
NNADAP	Gabriel Wassaykeesic (NNADAP) Phone: 807-772-8858	http://search.211north.ca/record/KEN0711
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers	James Plourde (Mental Health Counsellor) Phone: 807-737-4011	www.slfnha.com

Rainy River First Nations

PROGRAMS	CONTACT	URL
NNADAP	Vacant Position Phone: 807-482-2479	https://rainyriverfirstnations.com/administration/departments/health/
Addiction Treatment & Recovery Services	Dean McMahon (Director) Phone: 807-482-2479 d.mcmahon@rrfn.com	https://rainyriverfirstnations.com/administration/departments/health/
Transitional Home Service	April Beaulieu (Manager) Phone: 807-482-2479	https://rainyriverfirstnations.com/administration/departments/health/

Red Rock Indian Band

PROGRAMS	CONTACT	URL
Mental Health Program	Candace Tuck (Mental Health Coordinator) candace.tuck@rrib.ca	http://rrib.ca/administration/health-services/
Community Wellness Program	Tina Wawia (Community Wellness Worker) tina.wawia@rrib.ca	http://rrib.ca/administration/health-services/

Sachigo Lake First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Morley Tait Phone: 807-595-2577	https://www.northwesthealthline.ca/displayService.aspx?id=141206
Mental Health Program	Maria Beardy Phone: 807-595-2577	https://www.northwesthealthline.ca/displayService.aspx?id=141206
NNADAP	Caleb McKay Phone: 807-595-2577	https://www.northwesthealthline.ca/displayService.aspx?id=141206
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

Sandpoint (Bingwi Neyaashi Anishinaabek) First Nation

PROGRAMS	CONTACT	URL
None listed.		

PROGRAMS BY COMMUNITY

Sandy Lake First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Evan Kakagamic Phone: 807-774-1464	http://www.sandylake.firstnation.ca/?q=sandy-lake-health-authority
Mental Health Program	Sonny Meekis Phone: 807-774-1471	http://www.sandylake.firstnation.ca/?q=sandy-lake-health-authority
NNADAP	Peter Meekis Phone: 807-774-1465	http://www.sandylake.firstnation.ca/?q=sandy-lake-health-authority
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Dulcy Pennicooke (Mental Health Counsellor) Phone: 807-737-4011	www.slfnha.com

Seine River First Nation

PROGRAMS	CONTACT	URL
NNADAP	Frances Kabatay (Community Health Representative) Phone: 807-599-2224	https://www.northwesthealthline.ca/displayService.aspx?id=171467

Shoal Lake No. 40 (Iskatewi-zaaga'iganiing 40)

PROGRAMS	CONTACT	URL
NNADAP	Sarah Mandamin (Addictions Worker) Phone: 807-733-3577	https://www.northwesthealthline.ca/displayService.aspx?id=152417

Slate Falls First Nation (Shakopaatikoong)

PROGRAMS	CONTACT	URL
Crisis Intervention	Glen Whiskeyjack (Worker) Phone: 807-737-5700	https://www.northwesthealthline.ca/displayService.aspx?id=141731
NNADAP	William Morris (Addictions Worker) Phone: 807-737-5700	https://www.northwesthealthline.ca/displayService.aspx?id=141731
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slfnha.com

Stanjikoming First Nations (Mitaanjigamiing First Nation)

PROGRAMS	CONTACT	URL
NNADAP	James Henderson (Addictions Counsellor) Phone: 807-274-2188	https://www.northwesthealthline.ca/displayService.aspx?id=142059

Wabaseemoong Independent Nations (One Man Lake, Swan Lake, and White Dog)

PROGRAMS	CONTACT	URL
Mental Health and Community Wellness Program	Gretchen Bunting (Health Director) Phone: 807-927-2440 EXT: 144	https://www.northwesthealthline.ca/displayService.aspx?id=152436
NNADAP	Theresa Tankanye Phone: 807-927-2440 EXT. 129	https://www.northwesthealthline.ca/displayService.aspx?id=152436

Wabauskang First Nation

PROGRAMS	CONTACT	URL
Community Wellness Program	Angie Petiquan (Health Director) Phone: 807-529-6329 ext.: 1	https://211north.ca/record/65282642/
NNADAP	Arthur Skead (Addictions Worker) Phone: 807-529-6329	https://211north.ca/record/65282646/

Wabigoon Lake Ojibway Nation (Waabigoniw Saaga'iganiw Anishinaabeg)

PROGRAMS	CONTACT	URL
Community Wellness Program	Candace Esquega Phone : 807-938-6464 Email : communitywellness@wlon.ca	https://www.northwesthealthline.ca/displayService.aspx?id=152845
NNADAP	Debbie Leckner (Addictions Worker) Phone: 807-938-6464	https://www.northwesthealthline.ca/displayService.aspx?id=152840

Wapekeka (Angling Lake) First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Dwayne Brown (Crisis Coordinator) Phone: 807-738-5406	https://www.northwesthealthline.ca/displayService.aspx?id=146047
NNADAP	Wendy Duncan (Addictions Worker) Phone: 807-537-2320	https://www.northwesthealthline.ca/displayService.aspx?id=146047

PROGRAMS BY COMMUNITY

Wawakapewin (Long Dog) Waawaagabewin Nistam Anishininiwag First Nation

PROGRAMS	CONTACT	URL
Wilderness Healing Program	Janina Meekis-Hoxa (Band Administrator) Phone: 807-738-2922	https://www.northwesthealthline.ca/displayService.aspx?id=150978

Webequie First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Bernice Jacob (Health Assistant) Phone: 807-353-7241	https://211north.ca/record/65282516/
Mental Health Program	Emily Jacob (Mental Health Counsellor) Phone: 807-353-7241	https://211north.ca/record/65282518/
NNADAP	Neville Jacob (Addictions Worker) Phone: 807-353-7421	https://211north.ca/record/65282514/
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

Whitesand First Nation

PROGRAMS	CONTACT	URL
NNADAP	Angela Nodin (Health Director) Angela.nodin@whitesandfirstnation.com Phone: 807-583-2671 EXT: 209	https://211north.ca/record/78472022/

Wunnumin

PROGRAMS	CONTACT	URL
Crisis Intervention	Ruth Mekanak (Crisis Coordinator) Email: ruthm@wunnumin.ca Phone: 807-442-2559 EXT: 1024	https://211north.ca/record/65282414/?searchLocation=Whitesand+First+Nation&latitude=50.30994&longitude=-89.04489
NNADAP	Ralph Winter (Program Coordinator) Phone: 807-442-2564	https://northwesthealthline.ca/displayService.aspx?id=146060
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

NNADAP

Provides Services and support individuals and families struggling with addiction issues.

- » Offers Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) meetings when required.
- » Provides transportation to all meetings and workshops upon request.
- » Provides public seminars/meetings to raise community awareness of alcohol, drug abuse, and gambling addictions.
- » Holds educational sessions in schools.
- » Coordinates cultural and spiritual events.
- » Facilitates recreational activities and social events.
- » Provides individual and group discussions.
- » Offers cultural and spiritual gatherings.

Provides the following services aimed at preventing alcohol and drug abuse problems from reoccurring:

- » Counselling, sharing circles and support groups.
- » Regular phone calls and home visits.
- » Referrals to band services, social services, detoxification and treatment centers and medical assistance.

Community Wellness Program

Supports reduction or prevention of family and community violence.

- » Provides victim service referrals and emergency support for family violence.
- » Works one-on-one with families experiencing family violence to develop a plan of action for identified concerns.
- » Provides referrals to counselling, legal services, and treatment centers.
- » Offers Aboriginal culture-based healing, self-help processes for anger management, and positive self-image development, alternative discipline methods and positive relationships.
- » Organizes and facilities community events in schools, powwows, and health fairs to promote a healthy lifestyle and prevention of family violence.
- » Develops programs, workshops, promotions, and prevention education campaigns dealing with family-based violence awareness.

Cat Lake Wellness Program

Supports reduction and prevention of addiction issues and family and community violence.

- » Provides culturally appropriate mental health services, support services, resources, educational materials, and workshops to address community wellness needs.
- » Provides victim service referrals and emergency support for family violence and mental health crises.
- » Works one-on-one with families experiencing family violence to develop a plan of action for identified concerns.
- » Provides referrals to counselling, legal services, and treatment centers and other needed supports.
- » Organizes and facilitates community events in schools, powwows, and health fairs to promote a healthy lifestyle and prevention of family violence.
- » Develops programs, workshops, promotions, and prevention education campaigns dealing with addictions and family-based violence awareness.

Crisis Intervention Program

- » Provides crisis intervention services to community in crisis situations and to individuals affected by family violence and suicide.
- » Offers immediate on site or telephone assistance.
- » Dispatches call to police when deemed necessary.
- » Ensures victims receive support and assistance to secure their safety.
- » Arranges meeting family members at center or agreed upon location to discuss possible crisis resolutions.

Also Coordinates:

- » Crisis plan to follow in response to suicide intervention, domestic violence intervention and any other form of crisis situations that may arise in community.
- » Information sessions and workshops on techniques for healing strategies.

Support Services can include but are not limited to:

- » Debriefing and stabilization following crisis situation.
- » Advocacy on behalf of individuals and families dealing with various agencies.
- » Meal preparation, transportation, homemaking and other areas requiring support for families in crisis situations such as the suicide of a youth.
- » Information about/referrals to appropriate resources and services.

PROGRAM DESCRIPTIONS

Detox Center

Operates a detoxification center for community members addicted to Oxycontin.

- » Functions as a day program.
- » Provides a 4-bedroom house renovated into a detoxification center that can treat 10 people at one time; includes a sauna on the property.
- » Offers the drug suboxone in place of methadone to minimize the effects of withdrawal.

Program includes the following services:

- » Intake.
- » Withdrawal treatment.
- » Counselling.
- » Aftercare.

Also

provides:

- » Mental health and addictions counselling.
- » Referrals to other treatment centers and programs such as Nodin Child and Family Intervention Services in Sioux Lookout.

Mental Health and Addictions Services

Promotes the development of good mental health and provides services for individuals with mental health issues. Also provides the services of two mental health workers who work with the community members.

Provides information and awareness activities including but not limited to:

- » Addictions.
- » Depression.
- » Family violence.
- » Stress management.

Services include:

- » Counselling services.
- » Cultural activities and ceremonies.
- » Group workshops.
- » Educational sessions that promote wellness.
- » Coordination and referrals to psychologists, psychiatrists, other counselling services and treatment center.
- » Coordination of aftercare services.

Mental Health Program

Promotes the development of good mental health and provides services for individuals with mental health issues. The information and awareness activities provided are the following but not limited to:

- » Depression.
- » Family violence.
- » Stress management.

Services include:

- » Counselling services.
- » Cultural activities and crafts.
- » Recreational activities.
- » Wellness activities.

Fort William Community Addictions

- » Provides a support group for individuals struggling with/ affected by addictions issues.
- » Coordinates group sessions for people to share confidentially about their personal issues.
- » Offers information sessions, guest speakers, and education to assist with recovery.
- » Explores available resources to help with overcoming addictions and recovery.
- » Provides referrals to support if requested.

Mamow Against Drugs

Operates a treatment center for community members struggling with oxycodone addiction.

- » 25-day program for a maximum of 6 individuals per program.
- » Offers medications to minimize the effects of withdrawal.

Program includes the following services:

- » Intake.
- » Detoxification and withdrawal treatment.
- » Counseling.
- » Sharing circles.
- » Traditional land-based activities.
- » Aftercare. Also

provides:

- » Mental health and addictions counselling.
- » Referrals to other treatment centers and programs such as Nodin Child and Family Intervention Services in Sioux Lookout.

Community Wellness Worker

- » Promotes healthy individuals, families, and communities.
- » Supports reduction or prevention of family and community violence.
- » Provides case management, support, and referrals to other services and programs.
- » Provides culturally appropriate support services, resources, educational materials, and workshops to address community wellness needs including topics such as bullying, discrimination and racism.
- » Develops programs, workshops, promotions, and prevention education campaigns dealing with family-based violence awareness.

Youth Suicide Prevention

- » Coordinates a week-long camp during summer months to empower Anishinaabe children and youth with pride and knowledge in their traditional culture and heritage.
- » Focuses on suicide prevention.

Activities include:

- » Dancing.
- » Fishing.
- » Sharing circles.
- » Singing.
- » Storytelling.
- » Swimming.
- » Teachings from Elders.
- » Traditional craft making.

Mental Health and Addictions

Offers a variety of mental health and addictions services for community members.

Programs and services can include the following:

- » Addictions and Gambling Program
- » Offers community treatment and education.
- » Provides assessment, referral, and aftercare.
- » Offers individuals relapse prevention counselling.
- » Gives individual, couple, and family treatment therapy.
- » Provides support for family members affected by addictions.

Case Management Program

- » Provides individual counselling for adults struggling with physical, medical, and emotional health issues.
- » Offers assistance through support workers in life skills including housing, self-care, nutrition, shopping, money management, social and recreational living.

Mental Health Program

- » Offers individuals couples, family, and group counselling for stress management and crisis intervention.
- » Provides referral services to appropriate supports.
- » Anti-Solvent Abuse Initiative
- » Offers counselling services to youth struggling with solvent abuse.
- » Maintains on-going files of solvent abuse cases.
- » Operates a nightly youth patrol in the community.
- » Provides referrals to in-community treatment at the Minosaywin Island Treatment Centre.
- » Provides referrals to treatment programs and residential facilities outside the community.

Minosaywin Project

- » Offers a short-term brief intervention program for individuals with solvent-abuse and alcohol issues and addictions.
- » Operates as a 12-day residential program with 4 workers and 8 youth per session.
- » Offers cultural and traditional services of community elders.
- » Functions primarily as a respite program until placement at outside community residential treatment program can be procured.

Activities can include:

- » Counselling for many issues including grief, drinking, and violence in the home, feelings of not being loved, loss of friends (suicide), and other areas of struggle for youth.
- » Wood cutting.
- » Drawing and crafts.
- » Guitar.
- » Participating in sharing circles.
- » Playing hockey, broomball and/or volleyball.
- » Trap line setting and animal collection.
- » Writing.

Wilderness Healing Program

Offers a healing program for residential school survivors or their descendants and extended families in a wilderness setting near Wawakapewin Community.

- » Offers counselling and teaches traditional values and lifestyles as healing tools.
- » Targets individuals affected by residential school abuse and its intergenerational impacts.
- » Delivers services through a holistic approach.
- » Provides 4 intakes per year.
- » Provides services in a wilderness setting for individual's families, groups, and communities.

Services offered can include:

- » Counselling by Elders and/or traditional healers.
- » Cultural ceremonies, teachings, and dialogue.
- » Transportation, when required.

Sioux Lookout First Nations Health Authority

MENTAL HEALTH COUNSELLING

Mental health counselling to 29 First Nation communities in the Sioux Lookout area. To book an appointment with a counsellor, please speak to your doctor or nurse at your local nursing station. Referral forms for mental health counselling can be filled out by either a physician or yourself. Sees all ages.

ABORIGINAL MENTAL HEALTH AND ADDICTION WORKERS

Children's Mental Health and Addictions Workers are based in 13 communities in our region. These workers provide clinical assessments, planning, treatment and counselling to children and their families. Only see individuals under the age of 18.

ACUTE CARE COUNSELLORS

See clients who are referred through the physicians at the Nodin Office in Sioux Lookout. Their average stay is up to five days. All clients are from Northern communities.

SPECIAL PROJECTS

Trauma team to cover communities that had longer term crisis.

CRISIS RESPONSE

Team of contractors who will respond to immediate crisis in communities usually no longer than 5 days.

OTHER SERVICES

- » Art Therapy.
- » Psychology.
- » Traditional Healing.

Treaty 3 Police Services

NORTH

22 Homestake Road,
P.O. Box 1480,
Kenora, ON P9N 3X7

Phone: 807-548-5474
Fax: 807-548-8387

WHITEFISH BAY

Phone: 807-226-9767
Fax: 807-226-5506

EAGLE LAKE

Phone: 807-755-1540
Fax: 807-755-1541

SOUTH

1450 Idylwild Drive
Site 206-26 R.R.#2,
Fort Frances, ON P9A 3M3

Phone : 807-274-1565
Fax: 807-274-1568

GRASSY NARROWS

Phone: 807-925-2221
Fax: 807-925-2479

WABASEMOONG

Phone: 807-927-0285
Fax: 807-927-2235



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